



BACKPACK BUDDIES OF MAPLE VALLEY

Dear Parents or Guardians,

We are pleased to announce that we will continue to offer the Backpack Buddies Program throughout the Tahoma School District. Backpack Buddies of Maple Valley is a free program designed to provide nutrition supplementation over the weekend. Participating students will receive an unmarked bag of nutritious food that may include; pasta, fruit juice, milk, oatmeal, snack crackers, granola bars, and fresh fruit. The names of all recipients will only be known by Backpack Buddies and the counselor of their school.

This year we have four options for you to sign up for the program.

- 1.) Go online to www.backpackbuddiesofmaplevalley.org/get-support/ and fill out a form.
- 2.) Email us at backpackbuddiesmv@gmail.com with the information below.
- 3.) Mail us the information below to 20920 253rd Ave SE, Maple Valley, WA 98038.
- 4.) Give a copy of this page to your students' counselor.

This school year's program will run September 23rd through June 19th, 2023. If your child no longer is in need of our program at any time, we ask that you email us directly at backpackbuddiesmv@gmail.com to cancel. Bags will be brought home by your student every Friday (except some weeks it falls on a different day). Once you have signed up, you will receive a letter of acknowledgement for your registration.

For email and mail participants please include the following for each student:

Student's first and last name _____

Student's school _____

Parent's first and last name _____

Parent's phone number _____

Parent's email _____

Allergies _____

By signing up for this program I give permission for my child/children to participate in the Backpack Buddies Program. I understand my student will come home with a bag of food on last day of the week for the duration of the school year. I also give permission for the school counselor to share my child's name with his/her teacher(s) and staff assisting with the food distribution.

In addition, I agree to hold and save harmless Backpack Buddies of Maple Valley and the Tahoma School District, its School Board and Employees, and assigns for any claims, suits or damages, (including but not limited to defense and indemnification) which might result from my participating in the above-described event.

Parent's signature _____

Please feel free to contact me with any questions or concerns.

Warmly,
Mindy Gamble
Backpack Buddies of Maple Valley - President
206-714-4734 or backpackbuddiesmv@gmail.com